

**PUBSPY**  
THE SUN,  
SWANSCOMBE



You can't miss The Sun. Bright yellow with smokers spilling out of every orifice, the music will deafen you as you step in.

This is a proper pub with everything you could expect from a rough and ready local watering hole.

And while I'm on the subject, judging by their rear ends, there were a number of builders in the bar – and that was just the women, though the merry fellow in the orange T shirt gave them a run for their money.

As you'd expect both pool and darts are on offer and judging by the trophy cabinet there must be a few decent players around.

The track suit is definitely the clothing of choice, with light grey very much the in colour.

Having bought a round, I was amazed at the genuine value. Posters on each wall proudly boast about the cheap prices and they're not wrong. I can't believe you'll find a cheaper pub anywhere in Shopperland.

The pub garden doesn't look too

bad and The Sun might be fairly pleasant in the sunshine. But if you do take the kids I might warn them about the mural on the garden wall, there are few very scary characters.

There is a weekly meat raffle on offer and the pinboard even has an invitation to 'Meet the meat man Gary'.

At this point a line of six loud women in a row called upon the services of a hero to stand on a stool and switch on the ceiling fan – I assume this was the landlord.

All in all this was a fascinating insight into what I can only assume is a typical Friday evening at The Sun. They say you should try everything once, well now I have so I'll just tick this one off the list.

**The Sun, Swanscombe Street, Swanscombe**

**DECOR: \*\*\*\*\*** Bright outside

**ATMOSPHERE: \*\*\*\*\*** Loud and slightly foreboding

**STAFF: \*\*\*\*\*** Capable enough

**DRINK: \*\*\*\*\*** A fair offering

**PRICE: \*\*\*\*\*** Cheap

# MOVIES UNDER THE STARS

Outdoor cinemas are returning to south east London this summer with screenings of classic movies in the open air.

Pop Up screens will be showing the likes of Pulp Fiction, Ghostbusters and ET in parks during July, August and September.

Greenwich Peninsula, Manor House Gardens in Lewisham, East Greenwich Pleasaunce and Eltham's Tudor Barn will all host outdoor screenings.

Adult tickets cost £10 and a loyalty scheme means a free ticket for every ten bought. Under 10s and under 65s can get in for £6 and weekend-long passes cost £20 for three nights.

As well as beer and other drinks, there will be gourmet burgers from Black Gold, who supply Harrods.

Go to [popscreens.co.uk](http://popscreens.co.uk)



## JUSTIN IN TIME FOR PARTY

CBeebies' legend Justin Fletcher has leant his voice to children's show Pongo's Party from the brains behind the Tweenies. It heads to Croydon's Fairfield Halls on August 1.

Go to [fairfield.co.uk](http://fairfield.co.uk)

## Chef in the Garden's strawberry tips



Strawberries are the perfect summer food - served on their own, or with cream, they are the easiest answer to pudding.

Once you've had your fill of eating them this way, Steve Clark, head chef of the Garden Restaurant at The Bromley Court Hotel, has a simple recipe which is perfect for summer parties.

Steve's got some top tips and a great recipe for glazed strawberries with Champagne sabayon to share.

Head to [newsshopper.co.uk/vibe](http://newsshopper.co.uk/vibe) to check it out.

# GIVE YOUR TEEN THE BEST SUMMER EVER

National Citizen Service is a once-in-a-lifetime experience for all 16-17 year-olds that builds skills and confidence whilst helping every participant get ahead in life. Thanks to government backing, all this is available for £50 or less.

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IT ALL STARTS AT YES